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# **The Happy Pear Healthy Easy Delicious Food To Change Your Life**

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## **The Happy Pear Healthy Easy**

Well, welcome to the Happy Pear way of eating - healthy but never worthy, easy but never dull, and packed with mind-blowing flavour, exciting texture and vibrant colour. The Happy Pear opened

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ten years ago when twins David and Stephen Flynn, passionate about starting a food revolution in their home town, took over their local fruit and veg shop and later opened a café.

## **The Happy Pear: Healthy, Easy, Delicious Food to Change ...**

Vegan Enchiladas | Cheap Easy &

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Healthy | THE HAPPY PEAR Enchiladas is the definition of comfort food, it's so easy to make and so satisfying. The rich sauce, creamy cheese and amazing flavours makes this the ultimate dish to make for friends or to have all for yourself.

**Vegan Enchiladas | Cheap Easy &**

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## **Healthy | THE HAPPY PEAR**

Recipe here; <https://thehappypear.ie/our-recipes/> It's that time of year again when students leave home for the first time and have to fend for themselves. T...

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Healthy, Easy, Delicious Food to Change  
Your Life by Stephen Flynn, David Flynn  
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## **Happy Pear: Healthy, Easy, Delicious Food to Change Your ...**

The Happy Pear - Recipes Below are

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some of the best-loved recipes from our online courses. ... - Easy, Mild, Rich. Get The Recipe Oil Free Onion Bhajis Sample of our Ultimate Vegan Cooking Course Indian - Simple, Healthy, Baked. Get The Recipe Curry Fundamentals Sample of our ... Indian - Quick, Easy, Healthy. Get The Recipe 5 Ingredient ...

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## **The Happy Pear Recipes**

5 easy, healthy and super simple snacks that really satisfy! We teamed up with the one and only, The Vegan Prince, Tim Shieff to bring you 5 Amazing Healthy Vegan Snacks. These snacks are nutritious and some of them are fantastic filled with calories to stop you craving the bad stuff and get you to your

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next meal!

## **Easy Vegan Snacks - The Happy Pear**

“The Happy Pear is a movement to create happier, healthier lifestyles and build community!” Our passion lies in our craft. Our craft is continually evolving so that we can give our lovely

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customers what they want.

## **Home - The Happy Pear**

Welcome To The Happy Pear Courses  
Our courses are designed to help you  
reach your health goals through food.  
Want to gain confidence in the kitchen,  
reboot your health and feel better in  
your own skin? Our Courses are here to

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help! Our students experience benefits such as weight loss, improved heart health, enhanced energy levels and gut/skin repair.

## **Happy Pear Courses - Courses Now 55% Off Or More!**

Well, welcome to the Happy Pear way of eating - healthy but never worthy, easy

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but never dull, and packed with mind-blowing flavour, exciting texture and vibrant colour. The Happy Pear opened ten years ago when twins David and Stephen Flynn, passionate about starting a food revolution in their home town, took over their local fruit and veg shop and later opened a cafe.

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**The Happy Pear: Healthy, Easy,  
Delicious Food to Change ...**

Chinese Pear Dessert Soup Healthy  
World Cuisine. fresh lemon, goji berries,  
honey, star anise, pears, cinnamon  
sticks and 1 more Old Fashioned Pear  
Dessert Bunny's Warm Oven sugar,  
vanilla, all purpose flour, cornstarch,  
water, butter and 9 more



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## **10 Best Healthy Pear Dessert Recipes | Yummly**

The Happy Pear have developed a vegan cheesecake recipe with deliciously sweet raspberries and a firm, crunchy base that'll get your taste buds singing.

Vegan Recipes Videos Vegan Recipes  
Easy Healthy Dinner Recipes Indian Food

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